## Memory Support Therepeutic Recreation

According to the Centers for Disease Control and Prevention, up to 42% of residents in long-term care communities are struggling with cognitive impairments. Here at DevonHouse, we provide support for those living with dementia and Alzheimer's as part of our recreation program. We provide a structured program to aid those with memory or cognitive impairments, here are some of the programs we provide!

- Music therapy with Family Pillars Hospice
- Drum Circle residents make their own music!
- Every morning starts with a <u>sing-along</u> or exercise.
- <u>Magic painting</u> no paint needed, just water! Watch the colors come alive!
- No-Bake Club the smells & tastes ignite the senses!
- Floral arrangements with Bloomerang!
- Pet therapy with our Lehigh Valley Therapy Dogs.
- <u>Guided walking club</u> & <u>guided exercise</u> for all abilities.
- <u>Balloon games & parachute circle</u> colorful stimulation is proven to be positive for those with impairments & makes it fun for everyone!
- Interactive story time with volunteers & staff.
- <u>Sensory videos & custom content</u> for those with dementia.
- Hand-under-hand quidance for all activities.
- We also offer <u>adapted Bingo</u> so anyone can play!

